

Who We Serve Individuals who are chronically homeless or at risk of becoming homeless.

Services are provided for:

Vulnerable individuals living high-risk lifestyles.

People living in active addictions.

Individuals living with mental health issues and cognitive disabilities.

Youth who have aged out of the foster care system or group home system and have nowhere to go.

Victims of domestic violence who find themselves homeless.

Sufferers of severe trauma.

Families who have fallen on hard times.

## Our Program

Homeward Bound is a housing-first initiative that focuses on moving individuals who are chronically or episodically homeless as rapidly as possible into permanent housing. Providing housing first allows individuals to work on issues such as addictions and mental health while having a safe place to stay. Individuals are provided with supports from a case management team that serves as the main point of contact for the participant from assessment to follow-up.

## What We Offer

Once individuals have arrived at Homeward Bound, they will find a secure facility staffed twenty-four hours per day. Our program provides timely access to safe and affordable housing that has a community atmosphere.

Clients can find a variety of supports, including Elders and other cultural supports, one-on-one peer professional supports, and individualized supports for family reunification, recovery, and transition to independence. On site life-skills, addictions, and mental health supports are accessible to clients to assist in recovery.

Community is fostered through daily recreational and group activities, as well as through community outreach. Seniors can take advantage of a hot meal program. Staff promote healthy lifestyle choices and one of the most important aspects of any recovery: hope.

We work on community advocacy to ensure that individual and community issues are recognized, and liaise with other agencies for advocacy and referrals.











## **Homeward Bound Oakdale**

**Oakdale** is a transitional program aimed to support individuals nearing the next chapter of their lives; whether it is transitioning to lower supports from our Homeward Bound building, working towards complete independence, or young adults needing additional supports in their lives.

Oakdale helps individuals reach their goals and helps foster day-to-day life skills through the day program and staff supports. Our program creates a community founded on the pillars of inclusion, belonging, growth, and development.

The day program focuses on each individual's unique and diverse needs: vocational, educational, healthy relationships, community involvement, and life skills.

## **Our Core Principles**

- Person-centered approach to combatting homelessness.
- Meet people where they are with harm-reduction and abstinence-based housing options.
- Non-judgmental environment, providing hope for change and recovery.
- Fostering cultural identity as part of the healing journey.
- Participant choice and self-determination.
- Create community within community.

