



# Central Avenue Residential

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1895 Central Avenue, Prince Albert  
[www.ywcaprincealbert.ca](http://www.ywcaprincealbert.ca)

## Shelter and Residence for Women and Children

Accessible twenty-four hours per day Central Avenue provides shelter to women in crisis who may or may not have children. Located on the second floor of our Central Avenue location, the shelter contains nineteen rooms with a total of fifty beds. There are two common areas each containing a kitchen and lounge. Laundry facilities are also available on the second floor.

Program staff work with each woman, individually empowering and enhancing her ability to deal with life's challenges. In some circumstances, a male father with children may be placed on the first floor.

## Transitional Shelter

Women who have come to YWCA Prince Albert in crisis may require longer-term transitional shelter to get back on their feet. Women who are no longer in crisis, but still need a safe, supportive environment can continue to reside at Central Avenue for up to three months, or longer in some circumstances.

## Youth Shelter

Open to youth of all genders, the Youth Program at Central Avenue provides both crisis and long-term placement for youth ages sixteen to eighteen (sometimes to twenty-one in the case of long-term wards).

The youth receive a number of services including case planning, meals, cultural activities, recreation, life skills, advocacy, and twenty-four hour support from staff.

Youth may come in crisis, but are generally referred through the Ministry of Social Services, the Young Offender Program, or First Nations Child and Family Services. If you have a youth needing placement, please contact the main office number or call the Ministry of Social Services to inquire about the 16/17 Program.

Located on the main floor, the youth shelter contains eight rooms with sixteen beds. There is also a common room containing a kitchen, lounge, and laundry area, as well as a computer area for youth to use.





# Available Services

Central Avenue is staffed twenty-four hours a day and has a sixteen-camera security system for the safety of all residents. Medication is stored in a lockbox by staff to ensure medication security.

Residents are coached through individual case management plans to make goals and stay accountable moving forward. Life skills training is provided, along with basic food staples, clothing, and parenting information.

Our programming involves both culturally-sensitive and LGBTQ-sensitive elements and includes specific support for unique situations. Youth also participate in activities designed specifically for youth, to promote positive engagement.

We also provide our clients with a lot of information and referrals for external agencies and community services. Residents can access addictions and domestic violence information and referrals, assistance with resumes and job searches, assistance accessing income support and housing, and access to education and learning.

Support extends to assistance with job searches, income support, and housing.

