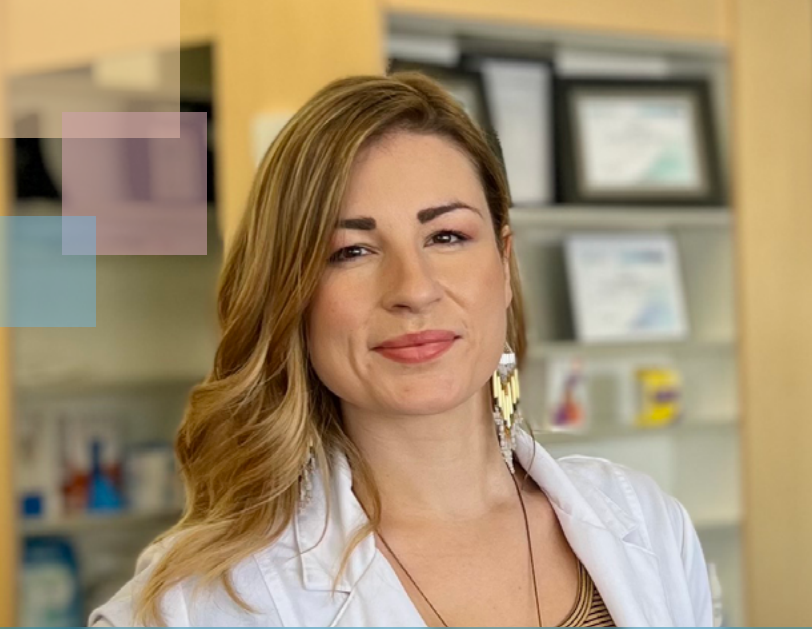




2022 - 2023 ANNUAL REPORT





WORD FROM THE BOARD CHAIR

This past year with the YWCA Prince Albert, has shown the power of collaboration, and advocacy. The issues that are facing our community, including houseless individuals, addictions, and mental health crises, have few supports. I am incredibly grateful for the dedication of the YWCA PA leadership, and front-line service providers, who meet the needs of our most vulnerable every day. The innovation and compassion of this network of community members is clear, and with the growth of the YWCA PA and its programming, comes the growth of its community of compassionate providers who are informed and adapting to those with the greatest needs.

There have been novel successes for the YWCA PA this year, including a Saskatchewan Health Authority contract to create a transitional space for those with complex mental health and addictions needs, and the ground work for the development of affordable housing for singles, and a year-round shelter for houseless citizens. These developments are the culmination of intense advocacy and community collaboration by YWCA PA's leadership, who is often the

voice of those who have been historically silenced. Donna continues to speak up for the needs of the organization with confidence, to create critical partnerships with community stakeholders like Prince Albert Grand Council, and to innovate solutions that meet the greatest needs. It is indeed a pleasure and an inspiration to watch her transform ideas into action.

This year, the YWCA Canada is releasing its Truth Report, linking this 150 year old organization to the actions, and harms, of the colonizing systems that led the cultural, and actual, genocide of the First Peoples of these lands. The YWCA is one of the first organizations to proceed with this much of an in-depth cataloging of their contribution to systemic harms, and today, we are able to stand with humility and shared grief, fertile ground to plant the seeds of shared, healing, growth and rebuilding. We have much to learn from the ancestral Indigenous knowledge that has grown from its own seeds of resilience, and as a Métis woman, I look forward to contributing to the Indigenous-led evolution of our governance, services, and contribution to Indigenous determinants of health.

With AMM just around the corner, YWCA PA will be hosting members and representatives from across the country, and experiencing shared learning, powerful mentorship, and examples of innovation and excellence in empowering women, families, and underserved community members. Last year's event still resonates with me, and I draw upon the insights often in my day to day as a pharmacist, and CEO of the Indigenous Pharmacy Professionals of Canada. YWCA has shown its strength in momentum, organization, and leadership, and I truly believe in the strength of the YWCA PA to shape Prince Albert's future as a safe, and empowering place, for citizens and newcomers alike.

I look forward to the year to come!

Amy Lamb, BSP
Chair, YWCA Prince Albert Board of Directors

WORD FROM THE CHIEF EXECUTIVE OFFICER

The past year has been an exciting one for the YWCA Prince Albert. Emerging from the COVID-19 Pandemic, programs returned to full capacity and new ones were added.

Continuous growth has necessitated and allowed us to expand our Senior Leadership team. In addition to having myself as CEO and Sean McCall as the Director of Human Resources, two new positions have been added. Niña Reynolds, formally the manager of the YWCA Community Connection Centre, is now our Director of Operations. Also added is the Director of Program Development – Rob Dunlop, previously the YWCA Director of Adult Shelter and Housing, has moved into this role. This reorganization will allow us to focus and improve upon their respective roles.

The following areas were a priority in 2022-23 and will continue to be a priority for 2023-24:

- Truth and Reconciliation
- Diversity and Inclusion
- Workplace Wellness and Flexibility
- Enhanced Client Services
- Managed Growth

I am extremely grateful to serve under a dynamic and diverse board of directors who are passionate about the work that we do. Additionally, I am honoured to lead a dedicated team of employees that take this work to the next level.

I am excited to see what the next year brings!



Donna Brooks
Chief Executive Officer



209
EMPLOYEES



52
VOLUNTEERS



32
PROGRAMS



36
GRANTS

Financial Summary

2022-23 Financial Position

Total Assets	7,781,695
Total Liabilities	(2,851,562)
<hr/>	
Reserves	4,930,133

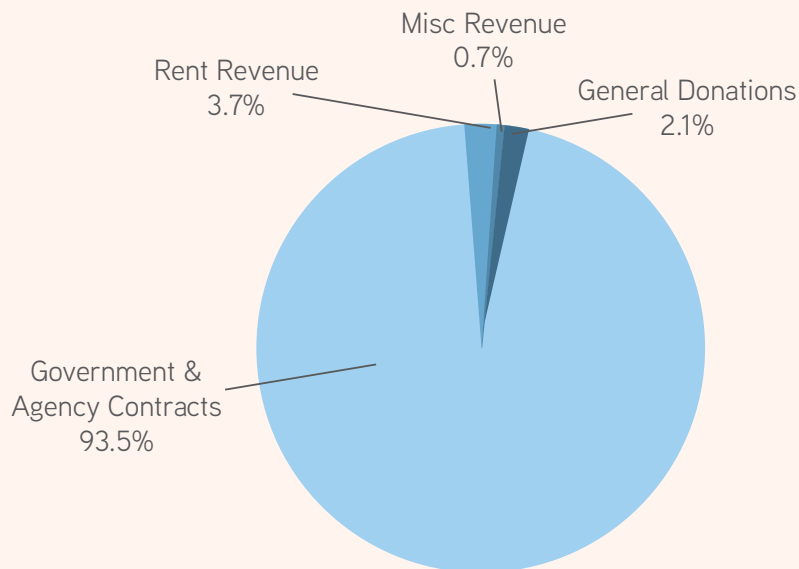
2022-23 Revenues & Expenses

Total Revenue	15,371,113
Total Expenses	(14,848,519)
<hr/>	
Surplus	522,594



April 1, 2022 - March 31, 2023

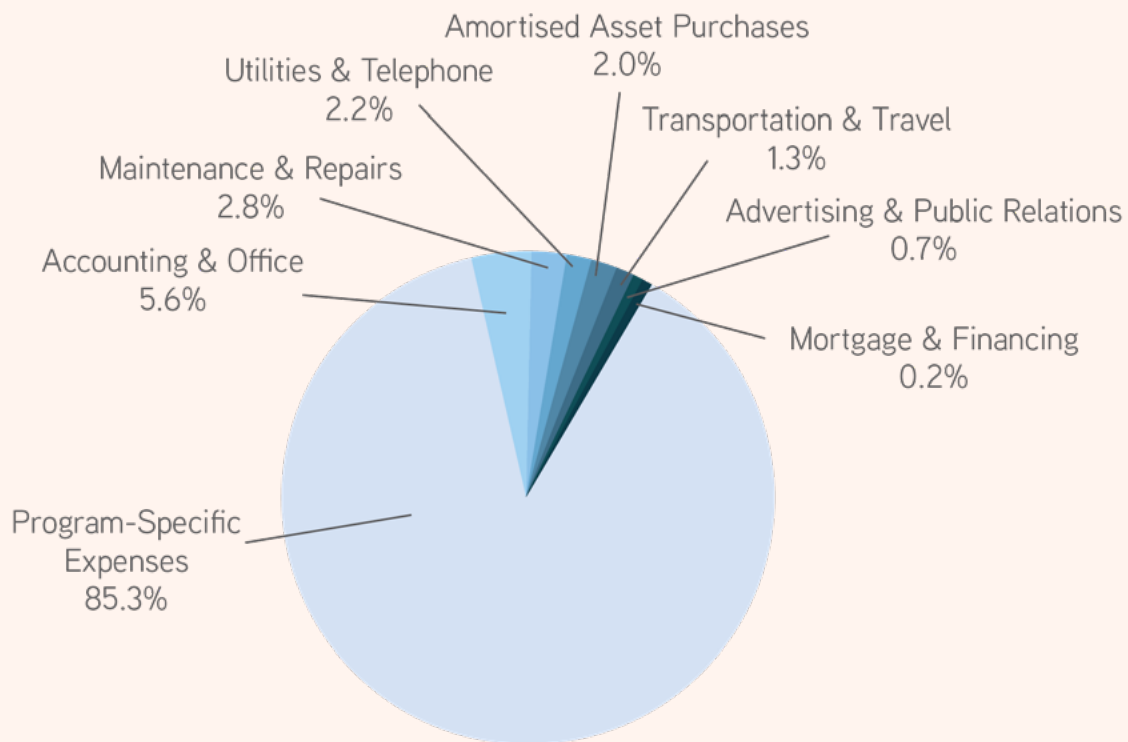
REVENUE BY SOURCE ≈ 15M



■ Government & Agency Contracts ■ Rent Revenue ■ Misc Revenue ■ General Donations

April 1, 2022 - March 31, 2023

REVENUE BY SOURCE ≈ 15M



- Program-Specific Expenses
- Accounting & Office
- Maintenance & Repairs
- Utilities & Telephone
- Amortised Asset Purchases
- Transportation & Travel
- Advertising & PR
- Mortgage & Financing





Coldest Night of the Year 2023



COMMUNITY CONNECTION CENTRE

GATEWAY & SETTLEMENT ADVISOR

7024

SERVICE INQUIRIES
(DOUBLE 2021-22 INQUIRIES)



OCCUPATIONAL DEVELOPMENT COUNSELLOR

78

REGISTERED CLIENTS



65%

ACCESSED EMPLOYMENT SUPPORTS

UKRAINE • INDIA • NIGERIA

TOP COUNTRIES OF ORIGIN



45%

EMPLOYED

IN DEMAND SERVICES: ID PROGRAM, ASSISTANCE WITH GOVERNMENT FORMS, AND LANGUAGE TRAINING.

SETTLEMENT COUNSELLOR RRFNM



101

REGISTERED CLIENTS



CLIENTS IDENTIFIED AS:

72 FIRST NATIONS

9 METIS

2 NON-STATUS

18 OTHER



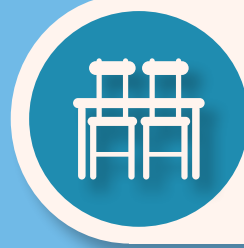
HOSPITALITY & TOURISM EMPLOYMENT PROGRAM

22

PARTICIPANTS IN TIER 1



EMPLOYMENT SUPPORT PROGRAM FOR YOUTH



48/48

SEATS FILLED IN THE PROGRAM

15

PARTICIPANTS IN TIER 2



60%

COMPLETION RATE

54%

GAINED EMPLOYMENT



40%

EMPLOYED AT THE END OF THE PROGRAM

17

STAGE 1 ENGLISH STUDENTS
AT PEAK ENROLLMENT

UKRAINIAN • SPANISH
MANDARIN • PORTUGUESE
LANGUAGES SPOKEN

“ My experience with the ESP4Y program has really helped me get back on my feet in the world. It gave me the confidence I needed to be in public again. I was able to get a job at Peavey Mart because of the program’s help to understand and get an occupation. ”

-ESP4Youth Participant

687

FOOD BOXES PACKED



118

BIRTH
CERTIFICATES
FUNDED

83

SGI PHOTO IDS
FUNDED



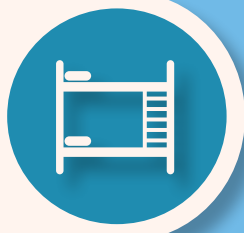
Summer BBQs



CENTRAL AVENUE

WOMEN'S SHELTER

5026
BED NIGHTS



85
INDIVIDUAL WOMEN



66
CHILDREN STAYED WITH
THEIR MOTHERS



99%
IDENTIFIED AS INDIGENOUS



88%
CITED DOMESTIC VIOLENCE AS
THE REASON FOR THEIR STAY



2665
REQUESTS FOR SHELTER WERE
DENIED DUE TO LACK OF SPACE



YOUTH SHELTER

1154
BED NIGHTS FOR
FEMALE YOUTH



1983
BED NIGHTS FOR MALE
YOUTH



“ I live at YWCA Central Avenue. I'm on a journey taking baby steps towards sobriety, housing, and stability. The YWCA has given me some of the resources to help me achieve some of my goals.

I came here to stay to overcome my battle with alcoholism and homelessness. I was feeling helpless, but still hopeful, so I kept phoning to keep my name available for a placement and was relieved when I finally got a bed! I was given a care package and food until I was able to get my own. I was able to detox and rest up better because I felt safe. I started to help myself by attending AA meetings, continuing my serenity walks, and journaling.

I started to feel more positive about myself and was looking towards the next steps. I wanted a job because I wanted to do something with my time and needed income for food and shelter. The YWCA staff helped me get connected with the Community Connection Centre and I got myself connected with the Community Service Centre to create my resume. While seeking employment I applied at YWCA Central. I was grateful that I was picked for an interview and I received help for my vulnerable sector check. Then with patience and perseverance I was blessed and honored to be part of the YWCA team.”

SETTLEMENT SERVICES

215

GOVERNMENT ASSISTED REFUGEES
THAT ARRIVED IN PRINCE ALBERT



436

NUMBER OF INDIVIDUAL
CLIENTS



1138

COMMUNITY CONNECTIONS
REQUESTS FULFILLED



4578

INFORMATION AND ORIENTATION
SERVICES REQUESTS FULFILLED



177

STUDENTS IN ENGLISH
LANGUAGE CLASSES



33

STUDENTS WHO ACHIEVED
CLB 4 THIS YEAR



“

I join programs that keep me busy and help me learn things about Canada. We do yoga, and sew. We have painting classes, and also have gone to a hockey games and bowling. We also go to the gym for exercise. Its not good to stay home, its too much time to be alone and miss people. Here, we can practice English, make friends, and learn new things.

-Settlement Services Client



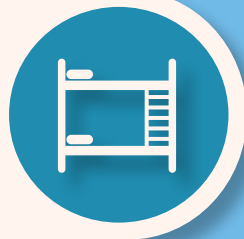
OUR HOUSE

SUPPORTIVE RECOVERY CENTRE

CRISIS SHELTER

4157

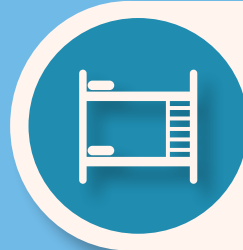
BED NIGHTS



OUR HOUSE INTENSIVE PROGRAM

1817

BED NIGHTS



214

INDIVIDUAL WOMEN



8

INDIVIDUAL CLIENTS



97%

IDENTIFIED AS INDIGENOUS



100%

IDENTIFIED AS FIRST NATIONS



“Everyone has a story, and mine is no different. I became homeless and after wandering around the city, I was tired, cold and had no sense of hope until I called YWCA’s Our House. I was in and once again I felt things would become better. They have, with the support and services Our House offers. I felt positive, I had something to look forward to. I had a reason to get up in the mornings and do something to help myself. The support from staff is exceptional and each one is different, so if you are not satisfied with one, then you can go to another and be guaranteed to be successful. I love all the staff, each and everyone, from client services to upper management, they are amazing people. Without them and their support, understanding and patience, I wouldn’t be able to achieve my future goals.”

-Our House Client



PRE-TREATMENT & POST-TREATMENT PROGRAM

1884
BED NIGHTS



STEPPING STONES SHELTER

5888
BED NIGHTS

32
INDIVIDUAL CLIENTS



445
INDIVIDUAL CLIENTS

91%
IDENTIFIED AS INDIGENOUS



90%
IDENTIFIED AS INDIGENOUS



“ I stayed at Stepping Stones shelter for a few months during the past winter. I am really grateful to have had access to food, showers, clothes, and laundry services there. The shelter staff were always very patient with me, even when I was difficult or under the influence. When I would get into an argument with another client, the staff handled the situation calmly and fairly, and they never wrongly accused me of anything. They were all kind, trusting, and supportive, and they were always asking if I needed anything. Overall, my experience of the shelter was positive, thank you Stepping Stones! ”

-Stepping Stones Shelter Client



KINDRED SPIRIT

65

PARENTS IN THE PROGRAM



49

CHILDREN RETURNED

90

CHILDREN WITH A PARENT



89

CHILDREN LEFT THE PROGRAM WITH A PARENT

56

CHILDREN IN CARE



29

CHILDREN APPREHENDED FROM THE PROGRAM

“ I am 33 years old. Before I came into Kindred Spirit I was in a very dark place in my life, where I had to scream out for HELP. At this point, I was living in Melfort, hanging out with people who I thought were my friends, but I didn't know they were only using me. So, when I asked for help I got into Detox, not once but twice and after I completed detox I went into treatment at the MACHSI Center here in Prince Albert.

After I completed my 28 day stay, I was transferred to my home community to the Montreal Lake Cree Nation family treatment center called “Camp Hope”. I was there only for

two months because I got removed for safety reasons. I finally came to Kindred November 2022 with my three young children. Kindred at first was scary because of the change and I was out of my comfort zone. But Kindred helped me out a lot by having kind souls, and staff that had a whole lot of patience when I was mad or upset. The main thing Kindred Staff did was made me feel welcomed, supported and secure for once in my life. It took me three months or so to be able to get out of my shell and be the person I am today: humorous, funny and outgoing.”

-Kindred Spirit Client

HOMEWARD BOUND

HOMEWARD BOUND WINDSOR

354
GROUP PROGRAMS



1984
CLIENTS ATTENDED
PROGRAMMING

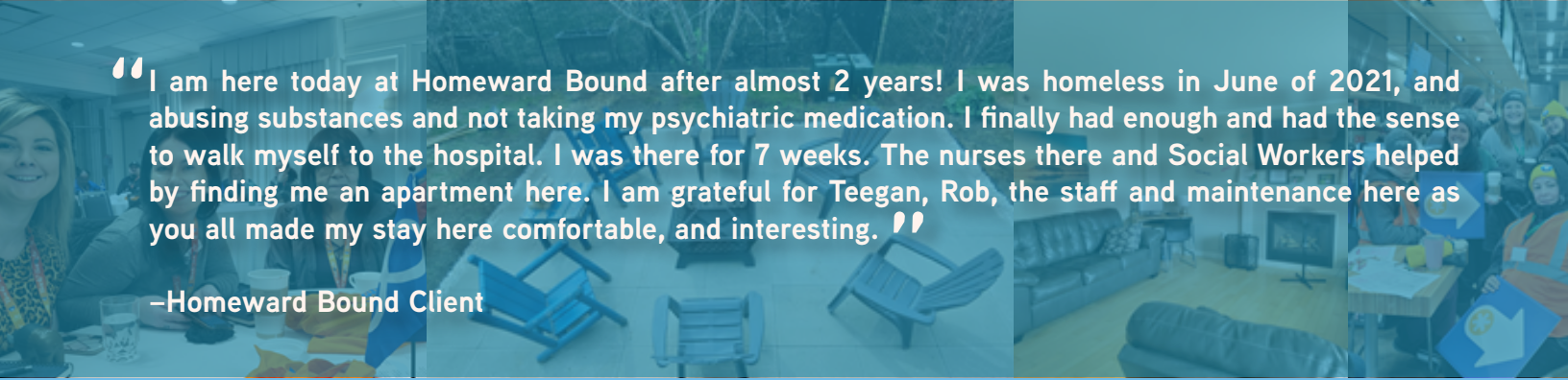


5
INDIVIDUALS TRANSITIONED TO
SUPPORTED INDEPENDENT LIVING



“I am here today at Homeward Bound after almost 2 years! I was homeless in June of 2021, and abusing substances and not taking my psychiatric medication. I finally had enough and had the sense to walk myself to the hospital. I was there for 7 weeks. The nurses there and Social Workers helped by finding me an apartment here. I am grateful for Teegan, Rob, the staff and maintenance here as you all made my stay here comfortable, and interesting.”

-Homeward Bound Client



HOMeward BOUND OAKDALE

HOMeward BOUND DAMON'S HAVEN

71

ADULTS IN THE PROGRAM

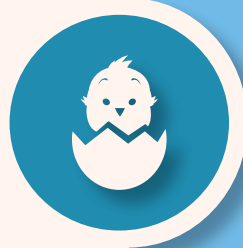


2

INDIVIDUALS EMPLOYED

14

CHILDREN IN THE PROGRAM



2

INDIVIDUALS IN DAY
PROGRAMMING

4

MEDIUM-INTENSITY MENTAL
HEALTH CLIENTS



4

PROGRAM GRADUATES



YOUTH HOMES

TERRANCE PLACE

2139

BED NIGHTS

HARMONY HOME

3109

BED NIGHTS

RENDALYN HOME

1827

BED NIGHTS

PHOENIX PLACE

1852

BED NIGHTS

